

Measure Description

Patients 18-85 years of age who had a diagnosis of hypertension (HTN) and whose BP was adequately controlled (<140/90 mm Hg) during the measurement year.

Note:

The most recent BP reading during the measurement year on or after the second diagnosis of hypertension.

Telehealth Visits – Member reported services and biometrics values are eligible for compliance.

Using Correct Billing Codes

Codes to identify Hypertension

Description	ICD-10 Code
Hypertension	I10

Codes to record *systolic* results

Description	CPT II Codes
Most recent systolic blood pressure <i>less than 130 mm Hg</i>	3074F
Most recent systolic blood pressure <i>130-139 mm Hg</i>	3075F
Most recent systolic blood pressure <i>greater than or equal to 140 mm Hg</i>	3077F

Codes to record *diastolic* results

Description	CPT II Codes
Most recent diastolic blood pressure <i>less than 80 mm Hg</i>	3078F
Most recent diastolic blood pressure <i>80-89 mm Hg</i>	3079F
Most recent diastolic blood pressure <i>greater than or equal to 90 mm Hg</i>	3080F

How to Improve HEDIS® Scores

- Calibrate the sphygmomanometer annually.
- Select the appropriately sized BP cuff.
- Upgrade to an automated blood pressure machine.
- **If the BP is high at the office visit (140-90 or greater), take it again. HEDIS® allows us to take the lowest systolic and the lowest diastolic readings in the same day, and oftentimes the second reading is lower.**
- *Telehealth visits can be used to capture member reported biometric values.*
- Do Not round BP values up. If using an automated machine, record exact values.
- Review hypertension medication history and patient compliance, and consider modifying treatment plans for uncontrolled blood pressure as needed. Have the patient return in 3 months.
- Current guidelines recommend two BP drugs started at first visit if the initial reading is very high and is unlikely to respond to a single drug and lifestyle modification.