

HEDIS® Provider Guide:

Measure Description

The percentage of adults 18 years of age and older who were diagnosed with major depression and were treated with antidepressant medication; the following two rates are reported:

- **Effective Acute Phase Treatment:** the percentage of patients who remained on an antidepressant medication for at least 84 days (12 weeks).
- **Effective Continuation Phase Treatment:** the percentage of patients who remained on an antidepressant medication for at least 180 days (6 months).

Using Correct Billing Codes

Codes to Identify Major Depression

| Description | Codes |
|------------------|--|
| Major Depression | ICD-10: F32.0-F32.4, F32.9, F33.0-F33.3, F33.41, F33.9 |

Antidepressant Medications

| Description | Asthma Controller Medications - Prescription | | |
|----------------------------------|--|--|--|
| Miscellaneous antidepressants | • Bupropion | • Vilazodone | • Vortioxetine |
| Monoamine oxidase inhibitors | • Isocarboxazid • Phenelzine | • Selegiline • Tranylcypromine | |
| Phenylpiperazine antidepressants | • Nefazodone | • Trazodone | |
| Psychotherapeutic combinations | • Amitriptyline-chlordiazepoxide • Amitriptyline-perphenazine | | • Fluoxetine-olanzapine |
| SNRI antidepressants | • Desvenlafaxine • Duloxetine | • Levomilnacipran • Venlafaxine | |
| SSRI antidepressants | • Citalopram • Escitalopram | • Fluxetine • Fluvoxamine | • Paroxetine • Sertraline |
| Tetracyclic antidepressants | • Maprotiline | • Mirtazapine | |
| Tricyclic antidepressants | • Amitriptyline • Amoxapine • Clomipramine | • Desipramine • Doxepin (<6 mg) • Imipramine | • Nortriptyline • Protriptyline • Trimipramine |

How to Improve HEDIS® Scores

- Educate your patients on how to take their antidepressant medications including:
 - How antidepressants work, benefits and how long they should be used
 - Expected length of time to be on antidepressant before feeling better
 - Importance of continuing to take the medication even if they begin feeling better (for at least 6 months)
 - Common side effects, how long the side effects may last and how to manage them
 - What to do if there are questions or concerns